

Caregivers Support Group Resource List

Alzheimers Association www.alz.org
50 91st St #100, Indianapolis, IN 46240
(317) 575-9620

CICOA Aging & In-Home Solutions www.cicoa.org
440 Woodfield Crossing Blvd #175, Indianapolis, IN 46240
(317) 254-5465

Beautiful Mindz: Mindfulness Training www.beautifulmindz-llc.com
beautifulmindz0415@yahoo.com,
317-213-1652

Healing Your Hidden Hurts : Camishe Nunley
www.healingyourhiddenhurts.com
Licensed Mental Health Counselor - LMHC
600 East Carmel Dr
Carmel, IN 46032
(833) 349-1116